

HealthEASE

STAYING HEALTHY RECOMMENDATIONS & RELATED NEWS

- August Observances:
 - National Immunization Awareness Month [Link](#)
 - Medic Alert Awareness Month [Link](#)
 - National Health Center Week (Aug. 9—15) [Link](#)
- AARP Public Policy Institute has released the update to Valuing the Invaluable – a new report on family caregiving. It updates national and state estimates of the economic value of family caregiving using the most current data available. [Link](#)
- At the White House Conference on Aging, the U.S. Department of Health & Human Services released Aging.gov, a new website designed for older adults, caregivers, and families to find government resources to age well. [Link](#)
- The Centers for Medicare & Medicaid Services, Office of Minority Health (CMS OMH) launched its new and improved webpage on July 10, 2015, which provides easy navigation and new resources for researchers, providers, and consumers. [Link](#)
- CMS Resources by Language provides English and non-English speakers access to information about the Health Insurance (Marketplace), Medicare, Medicaid, and Consumer Information & Insurance Oversight in nineteen (19) different languages. Each language includes key messages, public service announcements (PSAs), publications (brochures, issue briefs, multimedia, toolkit, fact sheets, etc.) and other materials. [Link](#)
- Summer weather can be dangerous for older adults and people with chronic medical conditions. High temperatures can lead to hyperthermia, a serious condition when your body becomes too hot. To learn how to stay safe in hot weather, click [Link](#)
- The 4th annual United States of Aging Survey finds that older Americans' concerns about their later years differ from those of the professionals who support them. For adults aged 60+, physical health is #1, while for professionals, financial scams is the top concern. To see the full results, click [Link](#)

WEBINARS, TRAININGS, & SEMINARS

- A 5-module webinar series on Alzheimer's Disease and Related Disorders created by the NJ Geriatric Education Center is beginning August 5th. Social work and nursing CE are available. Those interested in participating need to register. For more information or to register, see [Link](#)
- Falls Prevention Awareness Day Webinar on August 13 at 2:00 PM ET. Learn about new resources and tools you can use in your falls prevention efforts and activities. To register, click [Link](#)
- Diabetes Self-Management Program (DSMP) Cross Training for Active CDSMP Peer Leaders only — Conducted by Robert Wood Johnson University Hospital Hamilton. Dates: Aug. 5 & 7. Time: 9:30 AM. For more information or to register, contact Billie O'Donnell 609-584-6725 or modonnel@rwjuh.edu OR Shirley Roberts, 609-631-6819



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