

HealthEASE

STAYING HEALTHY RECOMMENDATIONS & RELATED NEWS

- The AARP provides need - to- know info about the 2015 [Medicare Changes](#).
- The National Council on Aging is offering tools to do a financial health check. [Link](#)
- The National Association of Nutrition and Aging Services Programs (NANASP) Education Committee is accepting proposals for engaging workshops and panel presentations for the 2015 NANASP Annual Training Conference. Topics are to include advocacy and innovation; leadership/operations; nutrition/healthy aging and resource/volunteer development. For info./or to submit a proposal before Jan. 9, 2015, visit [Link](#)
- January is Cervical Health Awareness Month * National Blood Donor Month * Thyroid Awareness Month
- The U.S. Department of Health and Human Services (HHS), Office of Disease Prevention and Health Promotion (ODPHP) is requesting abstracts addressing the science of healthy aging for presentation at the 2015 Healthy Aging Summit: July 27-28, 2015: Washington, DC. [Link](#)
- The National Institute on Aging at NIH is promoting a new evidence based exercise program (go4life) for individuals who are 50+. [Link](#)

GRANTS

- New Jersey Department Of Human Services, Division of Mental Health and Addiction Services has issued a Request for Proposals for supportive housing and community support services for individuals discharged from state psychiatric hospitals who are dually diagnosed. Mandatory conference is on Jan. 12, 2015 at 1:30 pm. [Link](#)
- [Retirement Research Foundation](#) has grants available to nonprofit organizations working to improve the care of older adults through advocacy, research, education or training. Deadline is Feb. 1, 2015.
- Legal Services Corporation is providing notice of the availability of competitive grant funds to provide civil legal services to eligible clients residing in Ocean and Monmouth counties in NJ. [Link](#)

WEBINAR/ TRAINING & CONFERENCE

- The National Council on Aging (NCOA) presents [Introduction to LGBT Aging Webinar](#): Jan. 8, 2015: 1:30 pm – 2:30 pm.
- The American Society on Aging (ASA) presents [Fall Prevention in Older Adults: It Takes a Village Webinar](#): Jan. 21, 2015
- The Healthy Aging Dietetic Practice Group is hosting [Healthy Aging DPG Webinar](#): Jan. 22, 2015
- The Consortium of New York Geriatric Education Centers (CNYGEC) [Elective: Defining & Dignifying Dementia and Associated Mental Health Disorder in Elders](#): Feb. 06, 2015: NY.
- The National Institute on Aging presents [Alzheimer's Disease Research Summit 2015](#): Feb. 9 & Feb. 10, 2015: Bethesda, MD
- [CNYGEC Elective: Geriatrics and Palliative Care in the Hospital](#): Feb. 12, 2015
- The ASA is hosting [Pass It On: Older Adults, Fraud & the Federal Trade Commission Web Seminar](#) : Feb. 19, 2015
- [The Association for Gerontology in Higher Education \(AGHE\) 41st Annual Meeting & Educational Leadership Conference](#) - Feb. 26 - Mar. 01, 2015: Nashville, TN.
- The Gerontological Society of America presents [Creativity and Aging Conference](#): Mar. 5, 2015: Durham, NC.
- The ASA presents [The 2015 Aging in America Conference](#): Mar. 23-27, 2015: Chicago, IL



12D Quakerbridge Plaza, Mercerville, New Jersey 08619 ◇ PO Box 807, Trenton, New Jersey 08625-0807

Phone: (609) 588-2517 ◇ Fax: (609) 588-7630